



**CALIFORNIA**

Technician/AGR  
Administrative  
Instruction

National Guard Technicians - CAL NG Active Guard/Reserve

**MILITARY DEPARTMENT**

**P. O. BOX 269101  
Sacramento, CA 95826-9101**

**NUMBER** 01-09

**EXPIRES 15 AUGUST 2001**

3 March 2001

**or superceded by regulation**

**Physical Fitness Program for Non-dual Status Technicians**

1. This instruction serves as a supplement to California National Guard Circular 350-99-1, dated 15 August 1999, and is effective immediately. The purpose of this instruction is to advise Non-dual Status Federal Technicians that they may now participate in the voluntary Physical Fitness Program.
2. It has been determined by this office that Non-dual Status Technicians of the California National Guard may participate in the voluntary Physical Fitness Program in accordance with (IAW) Public Law 79-658, Title 5, United States Code, § 7901.
3. Non-dual Status Technicians are encouraged to participate in the voluntary Physical Fitness Program. It has been determined that health programs, such as this, promote and maintain a physically and mentally fit employee and in turn, a happier, healthier and more productive employee.
4. Non-dual Status Technicians desiring to participate in the Physical Fitness Program will be required to obtain a written clearance from their personal physician (at their own expense). The clearance will be submitted to the supervisor prior to starting the program and retained on file.
5. All participants of the program are mandated by the rules of California National Guard Circular 350-99-1, dated 15 August 1999 and this administrative instruction. See attached regulation.
6. Direct questions concerning this TAAI to 2d Lt Stuart Ewing at CAGNET 63402, DSN 466-3402 or commercial (916) 854-3402.

FOR THE ADJUTANT GENERAL:

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JEFFREY D. STUARD  
Colonel, CA ANG  
Director for Human Resources

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